

December 2017 Whole Health Cooperative Calendar of Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26 10 am Portneuf Sangha 424 W. Lewis 6-7:30P Buddhist Society Bru House 502 N. main 406-2013	27 Kundalini Yoga. w/ Master Teacher, Janice Cotant 2704 Via Valdarno. 7PM, \$11. 479-2255	28 Trauma Sensitive Yoga 5:30, FSA.	29	30	01 First Friday Art Walk Down Town 5-8PM	02
03 10 am Portneuf Sangha 424 W. Lewis FULL MOON 6-7:30P Buddhist Society Bru House 502 N. main 406-2013	04 Healing Circle 6-8:30	05 Trauma Sensitive Yoga 5:30, FSA.	06	07	08	09 Second Saturday Contra Dancing UCC Church 309 N. Garfield 7:30-10 Details: 523-3847
10 10 am Portneuf Sangha 424 W. Lewis 6-7:30P Buddhist Society Bru House 502 N. main 406-2013	11	12 Trauma Sensitive Yoga 5:30, FSA.	13	14	15	16 NEW MOON
17 10 am Portneuf Sangha 424 W. Lewis 6-7:30P Buddhist Society Bru House 502 N. main 406-2013	18 Open Community Healing Circle: Canceled for Holidays	19 Trauma Sensitive Yoga 5:30, FSA.	20	21	22 Community Winter Solstice Celebration! 5:30-10PM. See attachment	23
24/31 10 am Portneuf Sangha 424 W. Lewis 6-7:30P Buddhist Society Bru House 502 N. main 406-2013	25 Happy Holidays!	26 Trauma Sensitive Yoga 5:30, FSA.	27	28	29	30