

April 2018 Whole Health Cooperative Calendar of Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 Easter! Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013 PUUF 208-233-2602	02 Kundalini Yoga. Contact: 479-2255 for time and location Open Community Healing Circle: 6-8:30. Main Reception. Donation basis	03 Trauma Sensitive Yoga 5:30, FSA. Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu	04 Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742	05 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013	06 Art Walk: 5-8PM Downtown	07 Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125 Sacred Pipe Ceremony. I.F. 6:30 pm. Details: 208-709-7027
08 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013 PUUF 208-233-2602	09 Kundalini Yoga. Contact: 479-2255 for time and location	10 Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu Trauma Sensitive Yoga 5:30, FSA.	11 Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742	12 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013	13	14 Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125 Second Saturday Contra Dancing UCC Church 309 N. Garfield 7:30-10 Details: 523-3847
15 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013 PUUF 208-233-2602	16 Kundalini Yoga. Contact: 479-2255 for time and location New Moon!	17 Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu Trauma Sensitive Yoga 5:30, FSA.	18 Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742	19 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013	20	21 Soma Flow Yoga 9-10-15AM "Transcendental Meditation": 1PM Main Reception Rainbow Métis Grandmother Lodge. 7:00 pm Details: 251-2400
22 Earth Day! Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013 PUUF 208-233-2602	23 Kundalini Yoga. Contact: 479-2255 for time and location Open Community Healing Circle: 6-8:30. Main Reception. Donation basis	24 Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu Trauma Sensitive Yoga 5:30, FSA	25 Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742	26 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013	27 4 th Friday Drum Circle! Main Reception 5:30 PM 251-2400	28 Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125
29 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013 PUUF 208-233-2602	30 Kundalini Yoga. Contact: 479-2255 for time and location Full Moon!	01 Trauma Sensitive Yoga 5:30, FSA. 232-0742 Mature Mindful Movement	02 Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742	03 Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013	04 Art Walk: 5-8PM Downtown	05 Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125