

May 2018 Whole Health Cooperative Calendar of Events						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>29</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p> <p>PUUF 208-233-2602</p>	<p>30</p> <p>Kundalini Yoga. Contact: 479-2255 for time and location</p>	<p>01</p> <p>Trauma Sensitive Yoga 5:30, FSA. Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu</p>	<p>02</p> <p>Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742</p>	<p>03</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p>	<p>04</p> <p>Art Walk: 5-8PM Downtown</p>	<p>05</p> <p>Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125</p>
<p>06</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p> <p>PUUF 208-233-2602</p>	<p>07</p> <p>Open Community Healing Circle: 6-8:30. Main Reception. Donation basis</p>	<p>08</p> <p>Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu</p> <p>Trauma Sensitive Yoga 5:30, FSA.</p>	<p>09</p> <p>Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742</p>	<p>10</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p>	<p>11 7pm. main reception area: Free Introductory Talk on <u>Transcendental Meditation!</u> By certified teacher, Nola Nelson. 208- 949-0872</p>	<p>12</p> <p>Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125</p> <p>TM Training</p>
<p>13</p> <p>TM Training</p> <p>Mother's Day!</p>	<p>14</p> <p>TM Training</p>	<p>15</p> <p>TM Training</p>	<p>16</p> <p>Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742</p>	<p>17</p> <p>Portneuf Sangha 208-775-3183 Buddhist Society 208-406-2013</p> <p><u>Free presentation!</u> Brenda Hatch, MS, CRNA. "Natural skin care using platelet rich plasma" 6:30 Main Reception</p>	<p>18</p>	<p>19</p> <p>Soma Flow Yoga 9-10-15AM</p> <p>Rainbow Lodge needs to be rebuilt. The date will be announced soon so community can participate.</p>
<p>20</p> <p>"Shamanic Mindfulness and the Mesa" Logan, UT 2-8pm Register online: Mateomagee.com</p>	<p>21</p> <p>Open Community Healing Circle: 6-8:30. Main Reception. Donation basis</p>	<p>22</p> <p>Mature Mindful Movement. 7-8:30pm. Liberty Hall. Details: jorgmoll@isu.edu Trauma Sensitive Yoga 5:30, FSA</p>	<p>23</p> <p>Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742</p>	<p>24</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p>	<p>25</p> <p>4th Friday Drum Circle! Main Reception 5:30 PM 251-2400</p>	<p>26</p> <p>Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125</p>
<p>27</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p> <p>PUUF 208-233-2602</p>	<p>28</p> <p>Memorial Day!</p>	<p>29</p> <p>Trauma Sensitive Yoga 5:30, FSA. 232-0742 Mature Mindful Movement</p> <p>Full Moon!</p>	<p>30</p> <p>Free Community Yoga 6PM Family Services Alliance 355 S. Arthur 232-0742</p>	<p>31</p> <p>Portneuf Sangha 208-775-3183</p> <p>Buddhist Society 208-406-2013</p>	<p>01</p> <p>Art Walk: 5-8PM Downtown</p>	<p>02</p> <p>Soma Flow Yoga 9-10:15 AM 310 E. Clark Details: 241-8125</p>